

# Efficiency of Goalkeepers



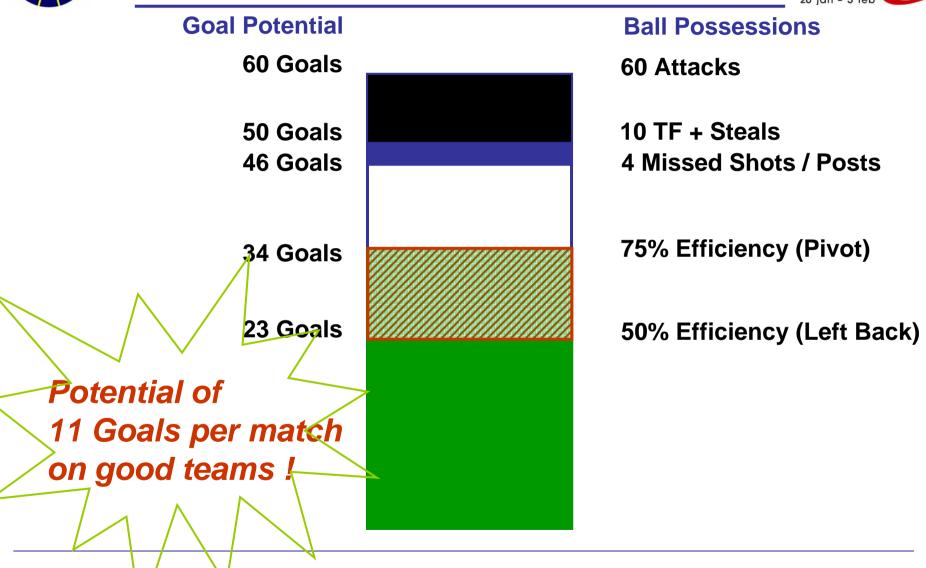




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#### **Game Basics: Match Goal Potential**







## Why the No. of goals is increasing?



#### **Because of:**

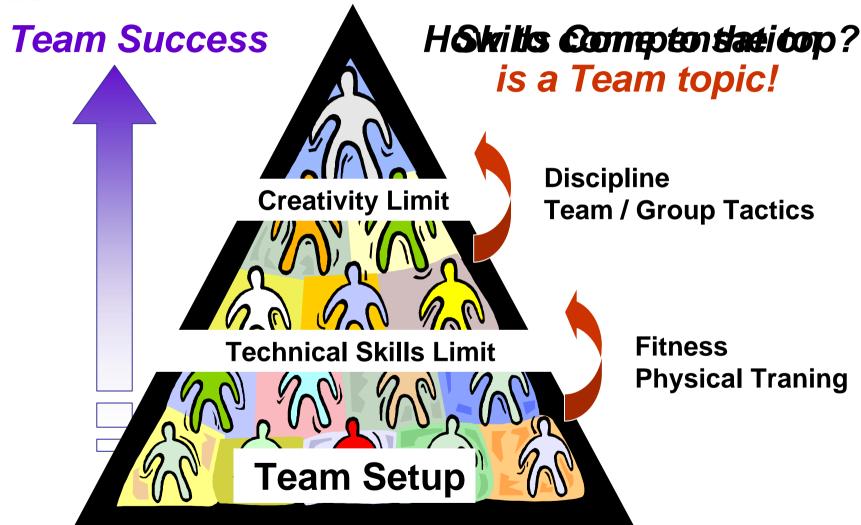
- Game attractivity (more action, more goals...)
- Rules of the Game (fast play, Fair Play, better player protection)
- Tactics (focus on fast break, pivot, breakthrough, ...)

# How can defense respond to this?



### On the Way to Success







#### **Team Tactics**



# Increase physical and mental stress on your opponent!

- Fast play (No. of attacks, No. of fast breaks)
- Body Checking and Tackling (based on perfect footwork!)
- Variable Team Tactics

### Let his brain take a lactate bath...

... and watch out what happens!



#### **Group Tactics**



# Bring an unexperienced player into unconvenient situation!

- Play your position play, design the opponent's attack!
- Choose your "Victim"!
- Create a "Controlled Chance"!
- Open a "Highway"!

## Do not foul, for God's sake!



#### **Goalkeeper Tactic**



#### **Stop Each Ball!**

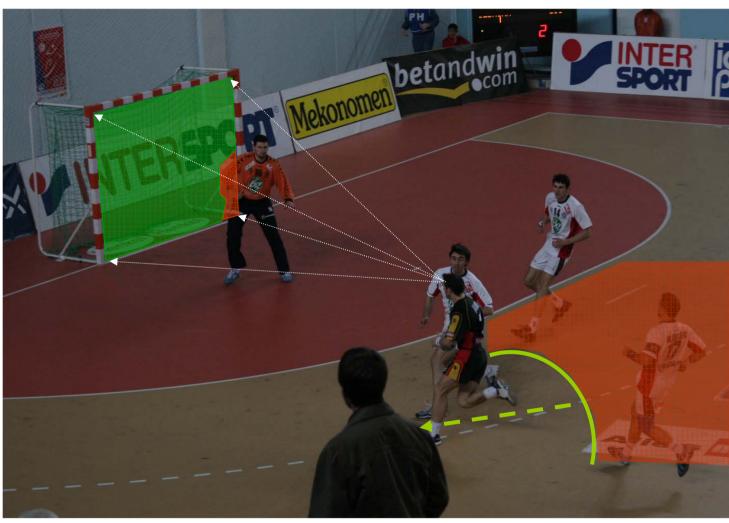
- Read the game!
- Position play: Imagine, Create, Destroy!
- Make the "Highway" a "Blind Alley"!
- Show your Power, hide your weaknesses!

## Learn from your mistakes!



## **Group Positioning**







## "Controlled Chance"





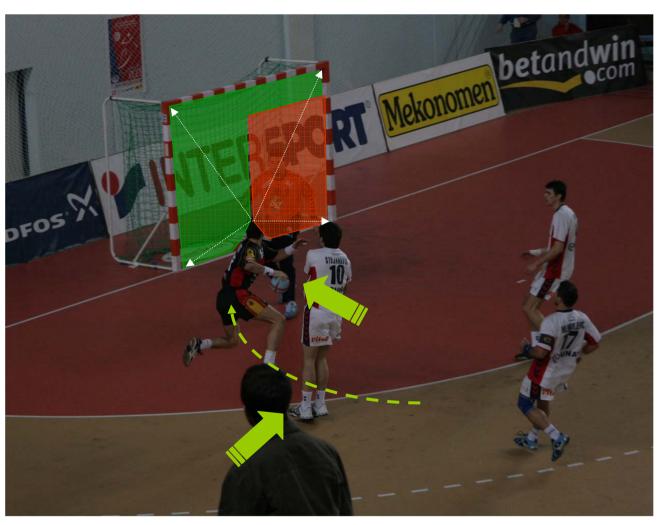


80%



## Open a "Highway"











## Goalkeeper Positioning





70%

30%



## Make the "Highway" a "Blind Alley"







05%



#### **Basic How to's?**



(Simple, but it works!)

- Close / defend the center of the goal area!
- Let the shooter turn / jump out of the field!
- Let the shooter turn against throwing hand!
- Surprise / overflow with information !
- Make as much pressure as you can in as short time as you can!

#### Be Perfect!



#### **Summary**



#### How to improve your goalkeeper's performance?

- Do not stick with the history concept use the rule frame to the full extent!
- Goalkeeper is the last unit in your defense system:
  you have to utilize him not sacrifice him!
- Stay creative and flexible in your defense play design!

# Have fun – enjoy the game!